

**D.C. Parks and Recreation  
Sports, Health and Fitness Office  
Registration Form**

Name: \_\_\_\_\_ Sex: M F  
(first) (middle initial) (last) (circle one)

Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_ Work phone: \_\_\_\_\_

Emergency Contact: Phone: \_\_\_\_\_ Phone: \_\_\_\_\_

Sport/Activity: \_\_\_\_\_

Skill Level:            \_\_\_Beginner            \_\_\_Intermediate            \_\_\_Advanced

Check all sports you actively participate in. Place an "X" next to the sport(s) you have an interest in participating in the near future:

\_\_\_Basketball \_\_\_Pom Pom \_\_\_Volleyball \_\_\_Soccer \_\_\_Martial Arts \_\_\_Tennis \_\_\_Bowling  
\_\_\_Cheerleading \_\_\_Tumbling \_\_\_Baseball Kickball \_\_\_Boxing \_\_\_Softball \_\_\_Flag Football  
\_\_\_Badminton \_\_\_Tee Ball \_\_\_Track & Field \_\_\_Golf \_\_\_Tackle Football \_\_\_Other: \_\_\_\_\_

List any illnesses or conditions that may interfere with your participation in this activity?

\_\_\_\_\_  
\_\_\_\_\_

*In consideration of your accepting my application to participate in a D.C. Parks and Recreation Sports program, I hereby by myself, my child my personal representatives, executors and administrators, waive and release all claims and rights for damages I may have against the District Government, D.C. Parks and Recreation, or their agents for any and all injuries suffered by me in said activity I understand that the Sports and Fitness Sports Program involves sports that may include some contact. All possible care will be taken by the instructor/coach to ensure the safety of all participants. I voluntarily and knowingly recognize, accept and assume all risk.*

Registrant's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian's Signature; \_\_\_\_\_ Date: \_\_\_\_\_

## The Ridge Road Titans Youth Program

**The Ridge Road Titans Youth Program pledges to provide a safe and healthy environment for participants of the program during the upcoming season. The coaches will be required to uphold a Coaches' Code of Ethics. As part of the program, the parents and players also have certain responsibilities and conduct that must be upheld, if our program is to be successful.**

### Parental Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child's participation in youth sports by following this code of ethics:

- I will encourage good sportsmanship by demonstrating positive support for all players, coaches and officials and every game, practice, or other Ridge Road Titans event;
- I will place the emotional and physical well being of my child ahead of my personal desire to win;
- I will see that my child plays in a safe and healthy environment;
- In support of a drug and alcohol free environment for the players, I will refrain from their use at any Ridge Road Titans game or event
- I will remember that the game is for the children and not the adults;
- I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability;
- I will do my best to make youth sports fun for my child;
- I will be responsible for the transportation of my child/children to and from any Ridge Road Titans activities.

**Parent/Guardian Signature will be on file with RRT every year**

### Player Responsibilities

The participants of the Ridge Road Titans Youth Program are required to abide by a code of conduct, which includes but is not limited, to the following:

- Respect coaches, team members, opponents, officials, and other volunteers/representatives involved with the Ridge Road Titans Program;
- Players will take proper care of equipment used/issued to them and immediately notify their coach if the equipment becomes damaged;
- Good sportsmanship is mandatory! No profanity, tantrums, or displays of anger will be tolerated. Any such actions will result in disciplinary measures, that may include suspension from the team;
- Student-Athlete and the responsibilities that go along with it;
- Conduct yourself with pride and poise, in victory and defeat;
- Attendance at practice is required to play in the games. If you are unable to make practice or a game, you must notify your coach.

**Player Signature will be on file with RRT every year**

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(Parent/Guardian Signature & Date)

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(Player Signature & Date)